

Department of Philosophy

Jamini Roy College

(NAAC Accredited – B)

P.O. – BELIATORE, DIST. – BANKURA (W.B.), PIN - 722203

TEL. No. : 03241-259261, Email ID – jamini.roy.college.261@gmail.com

Ref. No.

Date

From:

Head of the Department

Course Design For Value added Course SEM-III(2022-23) TITLE- YOGA STUDIES



Department of Philosophy

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Ref. No.

Date

From:

Head of the Department

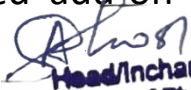
(NAAC ACCREDITED-B)

P.O-BELIATORE, DIST-BANKURA(W.B), PIN-722203

The Department of Philosophy of Jamini Roy College starts in the year July 1987. We started our journey from that year under Burdwan University. At that time I was the only teacher of that Department and the number of students was limited. Her downtrodden students mainly the first generation learners came from different remote areas. They basically belong to the farmer's family. It is noted here that lands of this area were not fertile enough for sustainable growth- and production because ground water level was not sufficient for cultivation. Now college has developed in terms of infrastructure, like class rooms, well equipped library, availability of fresh drinking water, Generator facility etc.

Gradually, the number of students have been increased due to transport facility and other academic advancement etc. Students are enabled to avail new technologies in academic field.

But now their interest in general education is decreasing, due to unavailability of job. At present we are two teachers in our department. In spite of this situation we have successfully completed add-on courses based on Yoga Studies.


Head/Incharge
Department of Philosophy
Jamini Roy College
Beliatore, Bankura

HOD

Department of Philosophy

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From:

Head of the Department

NOTICE NO-1

Value Added Course on Yoga Studies

The Department of Philosophy and Internal Quality Assurance Cell of Jamini Roy College, Beliatare, Bankura, 722203 introduces an Value Added course yoga studies of 30 hours duration from 10.09.2022 to 25.09.2022 The Registrations for the course are open for 3rd sem students of undergraduate UG programme. The course will be conducted by the Department of Philosophy. Certificate will be provided after successful completion of the course Interested students are required to fill in the registration from latest by 07.09.2022.


Head/Incharge
Department of Philosophy
Jamini Roy College
Beliatare, Bankura

Prof. Asoke kumar Ghosh
Department of Philosophy
Course Coordinator


Co-ordinator
IQAC
Jamini Roy College
Beliatare, Bankura

Prof. Nibedita Adhikary
Department of Sanskrit
IQAC Coordinator


Principal
Jamini Roy College
Beliatare, Bankura (W.B.)

Dr. Pradip kumar Banerjee
Principal
Jamini Roy College

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From:

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COURSE DESIGN

SL. NO	TITLE	CONTENT
1	Course Title	<i>Yoga Studies</i>
2	Context	This course aims to help students to understand the history of Indian ethics, ideals of the ethics, students should be able to understand the importance of ethics and values in life and society.
3	Prerequisite	Current under graduate students
4	Course Objective	<i>During the course, students will be taught the To Understand definition of Yoga and various modification of mind . To Know the obstacles of Yoga. To know different states of mind.To understand about the essence of Samadhi.</i>
5	Career prospect	Enhancement of employability and development of knowledge and confidence to become a psychological counsellor and thereby widening the scope of vocational life.

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6		Faculty requirement	Internal (Department of Philosophy)
7		Modern pedagogy	On line class
8		Course fee	Nil
9		Intake Capacity	Around 25
10		Contact hours	30 hrs
11		Course duration	One Class (Lecture): 1 Hour Final Assessment will be notified date
12		Class duration	1class-1hr. 2 hrs/day
13		Tutorial	If required, to be adjusted with lesson plan
14		Course Content	Detailed course content attached herewith in section
15		Course Outcome	After completion of this course students will aware to understand the importance of Yoga. Understanding of important aspect, the chitta and its nature. Application of Astanga Yoga in daily life
16		Assessment process and grading	i) Attendance ii) Internal and Final assessment Viva
		Student feedback	Final Assessment
18		Course Coordinators	<i>Asoke Kumar Ghosh</i> (Assistant Professor, Department of Philosophy)

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Value Added Course: Indian Ethics Details of The Course

Sl No	UNIT	CREDIT	HOURS
1	Introduction of Yoga	1	2
2	Ethics of Yoga: Yama according to Patanjalyogasutra.	1	2
3	Ethics of Yoga: Niyama according to Patanjalyogasutra.	1	2
4	Ethics of Yoga: Asana according to Patanjalyogasutra.	1	2
5	Ethics of Yoga: Pranayam according to Patanjalyogasutra.	1	2
6	Yoga in Nāth tradition and Āyurveda	1	2
7	Yoga in Veda-s, Upanishad-s, Purana-s	1	2
8	Yoga in Smrit-s Srimadbhagvadgeeta,	1	2
9	Karmayoga	1	2
10	Bhaktiyoga	1	2
11	Jainyoga.	1	2
12	Rajayoga	1	2
13	Hathyoga	1	2
14	Astangayoga	1	2
15	Yoga in recent times and its contributions	1	2

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Date

From:

Head of the Department

BOOKS FOR REFERENCE

- Acharya, Shri Ram Sharma: 108 Upanishads in three Volumes (Hindi) Shanti Kunj, Haridwar, 1978
- Dasgupta, S.N. : Yoga Philosophy in Relation to other Systems of Indian thought. University of Calcutta, 1924
- Dasgupta, S.N. : Hindu Mysticism, Motilal Banarsidass, Delhi 1927
- Fenerstein, George : The Yoga Tradition: It's History, Literature, Philosophy practice, Bhavana Books and Prints, 2002
- Goyandaka, Jayadaya: Shrimad Bhagavadgita Tattvavivechani, Geeta Press, Gorakhpur, 1961
- Karel Werner : Yoga and Indian Philosophy, Motilal Banarasidas, Delhi, 1979
- Pandit, M. P. : Introduction to Upanishads : Theosophical Society of India Adyar, Madras, 1976
- Radhakrishnan : The Principal Upanishads, George Allen and Unwin, London, 1953
- Radhakrishnan, S. Indian Philosophy (Vol. I & II). George Allen and Unwin, London, 1971
- Raja, Kunhan C. : Some Fundamental Problems in Indian Philosophy. Motilal Banarasidas, Delhi, 1974
- Sharma, Chandradha: A Critical Survey of Indian Philosophy. Motilal Banarasidas, Delhi, 2000
- Sing, Lalan Prasad : Tantra, Its Mystic and Scientific Bases. Concept Publishing Company, Delhi, 1976
- Stace, W.T. : Mysticism and Philosophy. Macmillan and Co.

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From:

Head of the Department

EVALUATION MODALITIES:

Units	Unit Title	Evaluation strategies
I	Introduction to Personality	Assignment
II	Adjustment and Maladjustment	Assignment
III	Mental Disorders	Assignment
IV	Stress Management	Assignment
V	Development of self and positive attitude	Assignment
VI	Skills for successful life	Assignment
		Total=40 hours

ASSESMENT/EVALUATION	MARKS
FINAL ASSESMENT	30
ATTENDANCE	05
VIVA	05
TOTAL	40

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From:

Head of the Department

Student Learning Outcome

The students are happy as they feel benefitted from this course. After completing the above said course, they are quite confident that they will be able to apply this knowledge in their future life. They will be able to implement the acquired knowledge in problem solving and decision making. To properly know the outcome of this course, the respected teachers have implemented various methods like questioning, group discussion, demonstration, interaction etc. After completing this course, the students have been immensely benefitted and they are satisfied. They are looking forward to go through more of such courses.

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Date

From:

Head of the Department

GENERAL RULES AND REGULATIONS

1. Students must attend and appear for all the module-End Assessments/Assignments. If any student fails to submit any of the module-End Assignments or fails to attend any of the module-End Assessment examinations, the particular student would NOT BE ELIGIBLE FOR CERTIFICATE.
2. Students must attend and appear for the course-End Assessment Examination.
If any student fails to submit the course-End Assessment or fails to attend the course-End Assessment Examination, the particular Student would NOT BE ELIGIBLE FOR CERTIFICATE.
3. Students must attend and appear for the course-End Viva. If any student fails to attend the Course-End Viva, the particular Student would NOT BE ELIGIBLE FOR CERTIFICATE.
4. Total Marks of Course Evaluation Will be 30 Marks.
5. Minimum 50% Marks has to be scored to receive any Certificate. There will be only ONE Attempt allowed for each of the Module-End Assessments/Assignments and the Course-End Assessment.
6. There will be NO PROVISION for Backlog Clearance.
7. General Rules and Regulations of the College must be followed .



**RURAL EDUCATION & MEDICAL
DEVELOPMENT MISSION OF INDIA**

Skill Debelopment Training Institute

08.01.2019

To
The Principal,
Jamini Roy College,
Beliatore, Bankura

**SUB-APPEAL TO START AND RUN A NURSING TRAINING COURSE IN
YOUR INSTITUTION**

Respect sir/Madam

With due respect, I would like to inform you that, we are the member REMD MISSION OF INDIA Units. we are eager to start and run a Nursing training course in your Institution. it is an effective training which would help socio-economically the common people of the surrounding area. The training class will be run on every sunday at 10 am to 2 noon.

In this connection, we want a room in your institution in every sunday 10 am to 2 noon. please help us to make somebodys bright future.

Thanking You

yours faithfully

Chairman
Rural Education and Medical
Development Mission of india



Rural Education & Medical Development Mission Of India

NITI Aayog(National Institution For Transforming India) Govt Of India

An ISO 9001 -2015 Certified Organization

Gmail :- Remd.ofindia@gmail.com

Reg. Office :- Churar , Dubrajpur , Birbhum | **Mobile :- 9734765890** | Website :- www.rem dof india.in

TO

(1)

The Principal

Jamini Roy College

Sub : Proposal Letter

Respected Sir/Madam

We , undersigned "Rural Education and Medical Development Mission of India" (Registered under Cr act ,Ministry of HRD , an ISO 9001-2015 Certified Organization And training partner NSDC, PBSSD) are giving you a proposal for starting an Allied health related training course named "Diploma in Nursing Assistant" for the employment & Self Establishment of the man & women of this locality and nearby area.

Our Proposals:

1. We shall run a Nursing Class every Sunday for 4 hours , 10 am to 02 noon.
2. The duration of the course is 24 months .
3. We pray your Institution to allow us a classroom for that purpose.
4. We are assuring you to maintain the cleanliness of the classroom as well.
5. Theory & Practical classes would run one after another on the same day.
6. The course comprises :brief knowledge in antomy ,physiology ,various diseases, medicine .medical skill :pulse ,temperture ,blood pressure check up,dressing various bandage,cpr ,im,iv,surgical assistance bed pan use ,bed making etc.
7. We shall humbly pay a token amount of Rs.25000 (twenty five thousand only) Institution for 1 year for development purpose.
8. We shall Provide certificates to all eligible candidates.
9. We shall also offer them placement.
10. Minimum age at admission: 16 year. Minimum qualification 12th pass.
11. We shall obey the rules and regulations of the institution.
12. COURSE FEES

Course name	Duration	Course fees
DNA	2 YR.	ADMISSION FEES -1200 MONTHLY FEES -300 REG.FEES-1100 EXAM FEES-300

Thanking you

Your Faithfully
Chairman
Rural Education And Medical
Development Mission of India



JAMINI ROY COLLEGE

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TEL. No. : 03241-259261, Email ID : jamini.roy.college.261@gmail.com

Ref. No. Nil

Date 25.01.2019

From :

Principal / Teacher-in-charge
Jamini Roy College
Beliatore, Bankura

To
The Chairman,
Rural Education and Medical Development Mission of India,
Reg. Office :- Churar, Dubrajpur, Birbhum


Sub: Acceptance of Proposal for Starting and Running a Nursing Training Course at Jamini Roy College

Sir,

I feel very glad to receive your proposal for starting and running a Nursing training course at Jamini Roy College. I hereby accept your proposal. Please proceed.

Thanking you,

yours sincerely,


Dr. Pradip Kumar Banerjee,
Principal,
Jamini Roy College,
Beliatore, Bankura
Principal
Jamini Roy College
Beliatore, Bankura (W.B.)



RURAL EDUCATION & MEDICAL DEVELOPMENT MISSION OF INDIA

Skill Development Training Institute

JOB ORIENTED VOCATIONAL TRAINING COURSE OF HEALTHCARE –NURSING ASSISTANT (DNA/03)
TC-JAMINI ROY COLLEGE /K/260-18

SESSION	ENROLLMENT	TRAINING	PASS OUT
2020-2022	21 Trainee	20 Trainee	19 Trainee

SR.NO	NAME	ENROLLMENT NUMBER	GRADE
01	RIYA KARMAKAR	JCNA/00101	A
02	SOHINI KARMAKAR	JCNA/00102	B+
03	MANDIRA SHIT	JCNA/00103	B
04	DIPA BAURI	JCNA/00104	C
05	PARNA KARMAKAR	JCNA/00105	B
06	BEAUTY GORAI	JCNA/00106	B+
07	TITHI CHATTERJEE	JCNA/00107	B
08	CHITRA GOARAI	JCNA/00108	B+
09	MANDI SHREE	JCNA/00109	B
10	ARPITA KARMAKAR	JCNA/00110	B+
11	SOMA BARU	JCNA/00111	B
12	SHILPA SING	JCNA/00112	B
13	PRIYA LOHAR	JCNA/00113	B
14	JANASHREE ROY	JCNA/00114	B
15	CHAMPA ROY	JCNA/00115	B
16	TUMPA ROY	JCNA/00116	B
17	ANAMIKA CHATTERJEE	JCNA/00117	B
18	LIPI KARMAKAR	JCNA/00118	B+
19	PUJA GHOSH	JCNA/00119	A
20	MOUMITA MONDAL	JCNA/00120	F
21	SWATI GHOSH	JCNA/00121	F




Chairman
Rural Education and Medical
Development Mission of India



RURAL EDUCATION & MEDICAL DEVELOPMENT MISSION OF INDIA

Skill Development Training Institute

JOB ORIENTED VOCATIONAL TRAINING COURSE OF HEALTHCARE –NURSING ASSISTANT (DNA/03)
TC-JAMINI ROY COLLEGE /K/260-18

SESSION	ENROLLMENT	TRAINING	BATCH STATUS
2022-24	32 Trainee	30 Trainee	ON JOB TRAINING

SR.NO	NAME	ENROLLMENT NUMBER
01	PRIYANKA GOPE GORAI	JCNA/1321
02	PUJA SINGH	JCNA /1322
03	ANNA GIRI	JCNA /1323
04	SONALI BAURI	JCNA /1324
05	CHAITALI BADYAKAR	JCNA /1325
06	SWASTIKA BIR	JCNA /1326
07	TRIPTI MONDAL	JCNA /1327
08	SAMAPTI MONDAL	JCNA /1328
09	SHREYA BANERJEE	JCNA /1329
10	RIYA AKHULI	JCNA /1330
11	SATHI METYA	JCNA /1331
12	PUJA BIR	JCNA /1332
13	SHILPI MONDAL	JCNA /1333
14	PRIYANKA GHOSH	JCNA /1334
15	PARAMITA KISKU	JCNA /1335
16	SABNUR KHATUN	JCNA /1336
17	SUBARNA MONDAL	JCNA /1337
18	RINA MONDAL	JCNA /1338
19	PUJA BHUIYA	JCNA /1339
20	SUMANA GORAI	JCNA /1340
21	PAMPA MONDAL	JCNA /1341
22	CHAITALI BADYAKAR	JCNA /1342
23	SIMA GORAI	JCNA /1343
24	RIYA AKHULI	JCNA /1344
25	PUJA SINGH	JCNA /1345
26	RITA MONDAL	JCNA /1346
27	KABITA BEJ	JCNA /1347
28	DIPALI HELA	JCNA /1348
29	RAIMA DAS	JCNA /1349
30	LIPIKA SAHA	JCNA /1350
31	SONAM BALMIKI	JCNA/1351
32	SUPRIYA BAURI	JCNA/1352




Chairman
Rural Education and Medical
Development Mission of India

Rural Education & Medical Development Mission Of India

NITI Aayog (National Institution For Transforming India) Govt Of India

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Reg. Office :- Churar , Dubrajpur , Birbhum | **Mobile :- 9734765890** | Website :- www.rem dof india.in

Enrollment No- JCNA/00102

Date of Issue- 29 Aug 2022



Jamini Roy College

Beliatore, Bankura



In Collaboration with

Rural Education & Medical Development Mission of India

An Institute Under Educational Trust Act. Govt. of West Bengal & ISO 9001:2015 Certified Institute

Govt. Regd No-190302062

Certificate

This is to certify that**SOHINI KARMAKAR**.....of jamini roy college ,has successfully completed a
a 24 months Diploma course on Nursing assistant for the session.....2020-2022.....arranged
by jamini roy college in collaboration with rural education and medical development mission of india.

Director of Studies
REMDMI

Principal
Jamini roy College

Enrollment No- JCNA/00101

Date of Issue- 29 Aug 2022



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Beliatore, Bankura



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Govt. Regd No-190302062

Certificate

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a 24 months Diploma course on Nursing assistant for the session.....**2020-2022**.....arranged
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Director of Studies
REMDMI

Principal
Jamini roy College











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(ACCREDITED BY NAAC WITH GRADE 'B')

P.O.- BELIATORE, DIST.- BANKURA, PIN-722203 (W.B.) INDIA

Bicycle rally for spreading awareness on cleanliness and Physical Fitness

SCHEME : World BiCycle Day

DATE : .03.06.2022 / No. of Participants- 45



Maraya, West Bengal, India
C34P+GJG Gangdua Dam Picnic Park, Gangdua Dam Rd, Maraya, Bengal 722133, India
Lat 23.406339°
Long 87.086812°
03/06/22 08:36 AM



Maraya, West Bengal, India
C34P+GJG Gangdua Dam Picnic Park, Gangdua Dam Rd, Maraya, West Bengal 722133, India
Lat 23.407682°
Long 87.087509°
03/06/22 04:48 PM

Phone No.: 03241- 259 261 * Fax Number : 03241-259 261
Email : jamini.roy.college.261@gmail.com * Website : http://www.jaminiroycollege.org



JAMINI ROY COLLEGE

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P.O.- BELIATORE, DIST.- BANKURA, PIN-722203 (W.B.) INDIA

Zumba Classes

SCHEME : Fitness Training Programme

DATE : 13.11.2021 / No. of Participants- 60



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JAMINI ROY COLLEGE

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P.O.- BELIATORE, DIST.- BANKURA, PIN-722203 (W.B.) INDIA

International Day Of Yoga

SCHEME : Special Day Celebration

DATE : 21.06.2020 / No. of Participants- 18

The theme of the 6th International Day of Yoga-2020 was 'Yoga at Home and Yoga with Family' which signified the importance of staying at home and practicing Yoga with family while observing social distancing. Millions of people in India and across the globe participated in the digital format. 18 Volunteers of NCC and NSS Unit of Jamini Roy College celebrated this day through online yoga session.



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Preparation For International Yoga Day Celebration

SCHEME : Awareness Programme

DATE : 18 To 21.06.2019 / No. of Participants- 30

To celebrate 5th international yoga day A 4 days awareness camp on benefits of YOGA from 18th to 21st june 2019 was arranged by the NCC and NSS student of Beliatore Jamini Roy College. Total participants were 30. Different types of yoga and their benefits were demonstrated in this 4days awareness camp.



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P.O.- BELIATORE, DIST.- BANKURA, PIN-722203 (W.B.) INDIA

Bicycle rally for spreading awareness on cleanliness and Physical Fitness

SCHEME : World BiCycle Day

DATE : .03.06.2022 / No. of Participants- 45



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